

REALM-SF Form

Patient name _____ Date of birth _____ Reading level _____

Date _____ Examiner _____ Grade completed _____

- | | |
|-------------|--------------------------|
| Menopause | <input type="checkbox"/> |
| Antibiotics | <input type="checkbox"/> |
| Exercise | <input type="checkbox"/> |
| Jaundice | <input type="checkbox"/> |
| Rectal | <input type="checkbox"/> |
| Anemia | <input type="checkbox"/> |
| Behavior | <input type="checkbox"/> |

Instructions for Administering the REALM-SF

1. Give the patient a laminated copy of the REALM-SF form and score answers on an unlaminated copy that is attached to a clipboard. Hold the clipboard at an angle so that the patient is not distracted by your scoring. Say:

"I want to hear you read as many words as you can from this list. Begin with the first word and read aloud. When you come to a word you cannot read, do the best you can or say, 'blank' and go on to the next word."

2. If the patient takes more than 5 seconds on a word, say 'blank' and point to the next word, if necessary, to move the patient along. If the patient begins to miss every word, have him or her pronounce only known words.

Scores and Grade Equivalents for the REALM-SF

<u>Score</u>	<u>Grade Range</u>
0	Third grade and below; will not be able to read most low-literacy materials; will need repeated oral instructions, materials composed primarily of illustrations, or audio or video tapes
1-3	Fourth to sixth grade; will need low-literacy materials, may not be able to read prescription labels
4-6	Seventh to eighth grade; will struggle with most patient education materials; will not be offended by low-literacy materials
7	High school; will be able to read most patient education materials